**Clinic Library Holdings (as of June 2022)**

|  |  |  |
| --- | --- | --- |
| **Title** | **Author/Editor** | **Year or Edition** |
| 1. A Guide to Assessments that Work | Hunsley, J., and Mash, E.J. | 2008 |
| 1. A Legal Handbook for the Helping Professional 3rd Edition | David Turner & Max R. Uhleman | 2006 |
| 1. Acceptance and Commitment Therapy Treatment Session (DVD) | Hayes, Steven C. | 2001 |
| 1. Action Workbook: CBT for Treating Depressed Girls | Stark, Simpson, Schnoebelen, Hargrave, Molnar & Glen | 2007 |
| 1. ADHD – What Can We Do? (DVD & Program Manual) | Barkley, Russell A. | 1992 |
| 1. ADHA – What Everyone Needs to Know | Hinshaw, S.P., and Ellison, K. | 2016 |
| 1. Advances in the Treatment of Posttraumatic Stress Disorder: Cognitive-Behavioral Perspectives | Taylor, Steven | 2004 |
| 1. Assertiveness Workbook, The | Paterson, Randy J. | 2000 |
| 1. Assessement of Childhood Disorder, 4th Ed. | Mash, E.J. and Barkley, R.A. | 2007 |
| 1. Assessment of Children; Behavioral, social, and clinical foundations | Sattler, J,M. and Hoge, R.D | 2006 (5th Ed.) |
| 1. Assessment of Children: Cognitive Foundations | Sattler, Jerome | 2008 (5th Ed.) |
| 1. Assessment of Children: WISC-IV and WPPSI-III Supplement | Sattler, Jerome and Dumont, Ron | 2004 |
| 1. APPIC Directory 2001-2002: Internship and Postdoctoral Programs in Professional Psychology. | Association of Psychology Postdoctoral and Internship Centers | 2001 |
| 1. BC Handbook for Action on Child Abuse and Neglect for Service Providers (2 copies) | Ministry of AG, Min for Children & Families, Min of Education, Skills &Training, Min of Health, Min of Women's Equality | 1998 |
| 1. Body Image Workbook, The | Cash, Thomas F. | (2nd Ed.) |
| 1. Brief Dynamic Therapy Over Time (DVD). Psychotherapy in Six Sessions Series VIII | Levenson, Hanna | 2010 |
| 1. Buried in Treasures | David F. Tolin, Randy O. Frost, Gail Steketee | 2014 (2nd Ed.) |
| 1. Canadian Psychotropic Handbook (2 copies) | Joffe, Russell & Gardner, David | 2000 |
| 1. CBT for Eating Disorders Treatment Session (VHS) | Fairburn, Christopher | 2003 |
| 1. CBT for Hoarding disorder: A Group Therapy Program Workbook | Tolin, David F., Wordern, Blaise L., Wootton, Bethany M., Gilliam, Christina M. | 2017 |
| 1. CBT for Hoarding disorder: A Group Therapy Program Therapist’s Guide | Tolin, David F., Wordern, Blaise L., Wootton, Bethany M., Gilliam, Christina M. | 2017 |
| 1. Child and Adolescent Psychopathology | Theodore P. Beauchaine, Stephen P. Hinshaw | 2008 |
| 1. Clients Struggling with Perfectionism (DVD) | Paul Hewitt |  |
| 1. Clinical and Forensic Interviewing of Children and Families | Sattler, Jerome | 1998 |
| 1. Clinical Assessment of Child and Adolescent Personality and Behavior, 2nd Ed. | Kamphaus, R.W., and Frick, P.J. | 2005 |
| 1. Clinical Cases – DSM5 | Barnhill | 2015 |
| 1. Clinical Decision Making in Behaviour Therapy: A Problem Solving Perspective | Nezu, Arthur M. & Nezu, Christine M. | 1989 |
| 1. Clinical Handbook of Psychological Disorders | Barlow, David | 2001  (3rd Ed.) |
| 1. Clinical Pain Management | Lynch, ME, Craig, KD & Peng, P.W.H. | 2011 |
| 1. Clinician’s Guide to Evidence-Based Practices: Mental Health and the Addictions | John C Norcross, Thomas P. Hogan, Gerald P. Koocher | 2008 |
| 1. Cognitive-Behavioral Coping Skills Therapy Manual: A Clinical Research Guide for Therapists Treating Individuals with Alcohol Abuse and Dependence | US Dept of Health and Human Services | 2004 |
| 1. Cognitive Behavioral Group Therapy: Challenges and Opportunities | Sochting | 2014 |
| 1. Cognitive-Behavioural Therapy for Anxious Children: Therapist Manual and Workbook (Coping Cat) | Kendall, Philip C., & Hedtke, Kristina A. | 2006  (3rd Ed.) |
| 1. Cogntive-Behavioral Treatment for Generalized Anxiety Disorder (2) | Michel J. Dugas & Melisa Robichaud | 2007 |
| 1. Cognitive-Behavioral Treatment of Perfectionism | Egan, Wade, Shafran & Antony | 2014 |
| 1. Cogntive Behavior Therapy- Basics and Beyond | Judith S. Beck | 2nd edition |
| 1. Cognitive Therapy for OCD | Wilhelm & Steketee | 2006 |
| 1. Cognitive Therapy (DVD). Systems of Psychotherapy Series I | Beck, Judith S. | 2006 |
| 1. Cognitive Therapy Techniques, A Practitioner's Guide | Leahy, Robert | 2003\*\* |
| 1. Collaborative Case Conceptualization (DVD) | Padesky, Christine A. | 1997 |
| 1. Community Youth Development: Programs, Policies, and Practices | Villarruel, Francisco A., Perkins, Daniel F., Borden, Lynne M., & Keith, Joanne G. | 2003 |
| 1. Compulsive Hoarding and Acquiring: Therapist Guide | Gail Steketee & Randy O. Frost | 2007 |
| 1. Compulsive Hoarding and Acquiring: Workbook | Gail Steketee & Randy O. Frost | 2007 |
| 1. Constructing New Core Beliefs (DVD) | Padesky, Christine A. | 2003 |
| 1. Constructing New Underlying Assumptions & Behavioural Experiments (DVD) | Padesky, Christine A. | 2004 |
| 1. Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy | Schnarch, David M. | 1991 |
| 1. Coping Power (8) | John e. Lochman, Karen C. Wells, Lisa A. Lenhart | 2008 |
| 1. Coping Power Facilitator Guide | John e. Lochman, Karen C. Wells, Lisa A. Lenhart | 2008 |
| 1. Core Competencies for Psychiatric Education: Defining, Teaching, and Assessing Resident Competence | Andrews, Linda Boerger & Burrus, John William | 2004 |
| 1. Counseling Latinos and La Familia: A Practical Guide | Santiago-Rivera, Azara L., Arredondo, Patricia, & Gallardo-Cooper, Maritza | 2001 |
| 1. Counseling Persons of African Descent, Raising the Bar of Practitioner Competence | Parham, Thomas A. | 2002 |
| 1. Defiant Children: A Clinician’s Manual for Assess & Parent Training | Barkley, Russell A. | 1997 |
| 1. Diagnostic and Statistical Manual of Mental Disorders, 3rd Edition, Text Revision | American Psychiatric Association | 1987 |
| 1. Diagnostic and Statistical Manual of Mental Disorders, 5th Edition | American Psychiatric Association | 2013 |
| 1. Digging Out: Helping Your Loved One Manage Clutter, Hoarding and Compulsive Aquiring | Michael A. Tompkins. Tamara L. Hartl | 2009 |
| 1. Directory of Addiction Services in British Columbia | Province of British Columbia Ministry of Children and Families | 2001 |
| 1. Doing Dialectical Behavior Therapy | Koerner, Kelly | 2012 |
| 1. "Doing Psychotherapy" Session 2 (VHS) | Persons, Jacqueline B. | 2005 |
| 1. Drinker Inventory of Consequences (DrInC), The | US Dept of Health and Human Services |  |
| 1. Early Psychosis, A Care Guide | Ehmann, Tom & Hanson, Laura | 2002 |
| 1. Early Psychosis, A Care Guide, A Summary | Ehmann, Tom & Hanson, Laura | 2002 |
| 1. Elimination Disorders in Children and Adolescents | Christophersen, Edward R. & Friman, Patrick C. | 2010 |
| 1. Emotion-Focused Therapy for Depression (APA Videotape - Part 2) | Carlson, Jon & Greenberg, Leslie S. | 2004 |
| 1. Emotionally Focus Therapy for Couples | Leslie S. Greenberg $ Susan M. Johnson | 1988 |
| 1. Entrepreneur in Psychology: The Collected Papers of Nicholas A. Cummings | Thomas, J. Lawrence, Cummings, Janet I., & O'Donahue, William T. | 2002 |
| 1. Ethics for the Daily Practice of Counseling & Psychotherapy - VHS | Spencer, Bruce |  |
| 1. Ethics With Soul: Practicing Competence and Care Rather than with Fear & Trepidation - DVD | Sur, Ofer | 2001 |
| 1. Evidence-Based Practice of Cognitive Behavioural therapy | Deborah Dobson and Keith S. Dobson | 2017 |
| 1. Exercises in the Art of Helping | Mark E. Young & Samantha Chromy | 2005 (3rd Edition) |
| 1. Experiencing CBT from the Inside Out | Bennett-Levy, Thwaites, Haarhoff, & Peerry | 2015 |
| 1. Families: Applications of Social Learning to Family Life | Gerarld R. Patterson | 1971 |
| 1. Family Based Therapy for Young Children with OCD (2 copies) | Jennifer Freeman, & Abbe Garcia | 2008 |
| 1. Family Problems and Family Violence | Foran, H. et al. | 2013 |
| 1. Forty Studies that Changed Psychology | Roger R. Hock | 2013 |
| 1. From Grave to Cradle to Now | Ian Powell, Drew Powell, & John McCallum | 2012 |
| 1. Fundamentals of Clinical Supervision | Janine M. Bernard & Rodney K. Goodyear | 1992 |
| 1. Get Out of Your Mind & Into Your Life | Steven C. Hayes & Spencer Smith | 2005 |
| 1. Group Cognitive-behavioral Therapy of Anxiety | Norton, Peter | 2012 |
| 1. Group Treatment for Hoarding Disorder: Therapist Guide (2 copies) | Jordoan Muroff, Patty Underwood, Gail Steketee | 2014 |
| 1. Guided Discovery Using Socratic Dialogue - CD | Padesky, Christine A. | 1996 |
| 1. Guide to Custody and Access Assessments | Dr. Arthur Leonoff, Robert J. Montague | 1996 |
| 1. Guide to Treatments that Work | Nathan, Peter E. & Gorman, Jack M. | 2007  (3rd Ed.) |
| 1. Handbook of Clinical Psychopharmacology | Preston, John D., O'Neal, John H., & Talaga, Mary C. | 2008  (5th Ed.) |
| 1. Handbook of Structured Techniques in Marriage & Family Therapy | Robert Sherman & Norman Fredman | 1986 |
| 1. The Hare PCL-R | Hare, R. D., Harpur, T. J., Hakstian, A. R., Forth, A. E., Hart, S. D., & Newman, J. P. | 1990 |
| 1. Health Anxiety: Clinical and Research Perspectives on Hypochondriasis and Related Conditions | Asmundson, Gordon J. G., Taylor, Steven, & Cox, Brian J. | 2001 |
| 1. Helping Children with Aggression and Conduct Problems: Best Practices for Intervention | Bloomquist, Michael L. & Schnell, Steven V. | 2002 |
| 1. Helping Children Overcome Selective Mutism: Companion Manual of Forms and Resources - CD | McHolm, Angela E. | 2005 |
| 1. Helping Schoolchildren Cope with Anger: A Cognitive-Behavioural Intervention | Larson, Jim & Lochman, John E. | 2002 |
| 1. Helping the Noncompliant Child | McMahon, Robert & Forehand, Rex | 2005  (2nd Ed.) |
| 1. Helping Your Child with Selective Mutism: Practical Steps to Overcome a Fear of Speaking | McHolm, Angela E., Cunningham, Charles E., & Vanier, Melanie K. | 2005 |
| 1. Homework Success for Children with ADHD: A Family School Intervention Program | Power, Thomas J., Karustis, James L., & Habboushe, Dina F. | 2001 |
| 1. Incredible Years, The | Webster-Stratton, Carolyn |  |
| 1. Internships in Psychology | Carol Williams-Nickelson, Prinstein and Keilin | 2012 |
| 1. Interpersonal Process in Therapy: An Interactive Model | Teyber, Edward & McClure, Faith | 2017  (7th Ed.) |
| 1. Interpersonal Psychotherapy: a clinician’s guide | Scott Stuart and Michael Robertson | 2012 |
| 1. Introduction to Cognitive Behaviour Therapy: Skills and Applications | Westbrook, David, Kennerley, Helen, & Kirk, Joan | 2007 |
| 1. It's Not All in Your Head: How Worrying About Your Health Could Be Making You Sick - and What You Can Do About It | Asmundson, Gordon J. G. & Taylor, Steven | 2005 |
| 1. Late Life Suicide Prevention Toolkit (Package with DVD) | Canadian Coalition for Senior’s Mental Health | 2009 |
| 1. Learning Cognitive-Behavior Therapy (An Illustrated Guide) | Wright, Jesse H., Basco, Monica R., & Thase, Michael E. | 2005\*\* |
| 1. Learning the Art of Helping; Building Blocks and Techniques | Mark E. Young | 2005 (3rd Ed.) |
| 1. Legal & Ethical Issues for Mental Health Professionals, Vol. I: Confidentiality, Privilege, Reporting, and Duty to Warn (Group Version) - DVD | Feldman, Stephen | 2008 |
| 1. Legal & Ethical Issues for Mental Health Professionals, Vol. ii: Dual Relationships, Boundaries, Standards of Care and Termination (Group Version) - DVD | Feldman, Stephen | 2008 |
| 1. Living with Children: New Methods for Parents and Teachers | Gerarld R. Patterson | 1976 |
| 1. Making Cognitive-Behavioral Therapy Work | Ledley, Deborah Roth, Marx, Brian P., & Heimberg, Richard G. | 2005 |
| 1. Managing the Defiant Child: A Guide to Parent Training (DVD) with Program Manual | Barkley, Russell A. | 1997 |
| 1. Managing Tourette Syndrome - A Behavioral Intervention for Children and Adults (Therapist Guide) | Woods, Douglas W., Piacentini, John, & Chang, Susanna | 2008 |
| 1. Mastering Your Fears and Phobias: Therapist Guide | Craske, Michelle G., Antony, Martin M., & Barlow, David H. | 2nd Ed. |
| 1. Mastery of Anxiety and Panic for Adolescents – Riding the Wave | Donna B. Pincus, Jill T. Ehrenreich, Sara G. Mattis |  |
| 1. Mastery of Your Anxiety and Panic, Client Worjkbook (3 copies) | Barlow, David H. & Craske, Michelle G. | 4th Ed. |
| 1. Mastery of Your Anxiety and Panic, Therapist Manual (3 copies) | Barlow, David H. & Craske, Michelle G. | 4th Ed. |
| 1. Mastery of Your Anxiety and Worry | Barlow, David H., Craske, Michelle G. & Zinbarg, Richard E. | 2nd Ed. |
| 1. Mastery of Your Specific Phobia - Client Workbook | Antony, Martin M., Craske, Michelle G., & Barlow, David H. | 2004 |
| 1. Mastery of Your Specific Phobia - Therapist Guide | Craske, Michelle G., Antony, Martin M., & Barlow, David H. | 1997 |
| 1. Match Made on Earth: Student Guide to Navigating the Psychology Internship Process **(Kept in Clinic TA Office)** | Badall, Melanie | 2003 |
| 1. Megargee’s Guide to Obtaining a Psychology Internship | Megargee, Edwin I. | 4th Ed. |
| 1. Mindfulness-Based Cognitive Therapy for Depression | Zindel V. Segal, Mark Williams, and John Teasdale | 2nd edition |
| 1. Mind Over Mood (3) | Greenberger, Dennis & Padesky, Christine | 1995 & 2015 |
| 1. Mind Over Mood - Clinician's Guide | Greenberger, Dennis & Padesky, Christine | 1995 |
| 1. Mindfulness-Based Cognitive Therapy for Depression: A New Approach to Preventing Relapse (2 copies) – (1 copy missing) | Segal, Zindel V., Williams, J. Mark G., & Teasdale, John D. | 2002 |
| 1. Mixed Anxiety and Depression: A Cognitive-Behavioral Approach (Group Version) - DVD | Meichenbaum, Donald | 2006 |
| 1. (The) MMPI, MMPI-2, and MMPI-A in Court 3rd Ed: A Practical Guide for Expert Witnesses and Attorneys | Kenneth S. Pope, James N. Butcher, and Joyce Seelen | 2006 |
| 1. Motivational Enhancement Therapy Manual | US Dept of Health and Human Services |  |
| 1. Motivational Interviewing: Preparing People for Change | Miller, William R. & Rollnick, Stephen | 2nd Ed. |
| 1. Motivational Interviewing: Professional Training DVD | Miller, William R., Rollnick, Stephen, & Moyers,Theresa | 1998 |
| 1. Motivational Interviewing: Professional Training Videotape Series | Miller, William R., Rollnick, Stephen, & Moyers,Theresa | 1998 |
| 1. Motivational Interviewing – Individual Version DVD | Miller, William R. | 2000 |
| 1. OCD in Children and Adolescents: A Cognitive-Behavioural Treatment Manual | March, John S. & Mulle, Karen | 1998 |
| 1. Organizational Skills Training for Children with ADHT: An empirically supported treatment | Gallagher, R., Abikoff, H., & Spiral, E. | 2014 |
| 1. Overcoming Animal Insect Phobias: How to Conquer Fear of Dogs, Snakes, Rodents, Bees, Spiders & More | Antony, Martin M. & McCabe, Randi E. | 2005 |
| 1. Overcoming Depression, Client Manual | Emery, Gary | 2000\*\* |
| 1. Overcoming Depression, Therapist Protocol | Emery, Gary | 2000\*\* |
| 1. Overcoming Grief 2nd Edition: A Self-Help Guide Using Cognitive Behavioural Techniques | Sue Morris | 2nd Edition |
| 1. Overcoming Obsessive compulsive disorder – A self-help guide using Cognitive Behavioral Techniques | Veale, David, Willson, Rob | 2005 |
| 1. Overcoming Obsessive Compulsive Disorder - Client Manual | Stekette, Gail | 1999\*\* |
| 1. Overcoming Parent-Child Contact Problems | Abigail M. Judge, Robin M. Deutsch | 2017 |
| 1. Overcoming Your Alcohol or Drug Problem Workbook | Dennis C. Daley & G. Alan Marlatt | 2006 |
| 1. Oxford Guide to Behavioural Experiments in Cognitive Therapy | Bennett-Levy, J., Butler, G., Fennell, M., Hackmann, A., Mueller, M., & Westbrook, D. | 2005 |
| 1. Parents as Friendship Coaches for Children with ADHD | Amori Yee Mikami & Sebastien Normand | 2022 |
| 1. Panic Control Treatment (CDs- 10 sessions) | Craske |  |
| 1. Panic Disorder (DVD) - an effective self-help guide | Anxiety BC |  |
| 1. Parent Child Interaction Therapy (DVD). Series IX: Children and Adolescents | Bodiford McNeil, Cheryl |  |
| 1. Parent Guide to Enuresis Treatment | Houts, Arthur C. | 5th Ed. |
| 1. Parenting and the Strong-willed Child | Forehand, R., and Long, N | 2002 |
| 1. Pediatricians and Pharmacologically Trained Psychologists: Practioner’s Guide to Collaborative Treatment. | Kapalka, G.M. | 2011 |
| 1. Phobic and Anxiety Disorders in Children and Adolescents: A Clinician’s Guide to Effetive Psychosocial | Thomas H. Ollendick, John S. March | 2004 |
| 1. Pragmatics of Human Communication: A Study of Interactional Patterns, Pathologies, and Paradoxes | Watzlawick, Paul, Bavelas, Janet, & Jackson, Don | 1967 |
| 1. Principles and Pratice of Sex Therapy | Leiblum, Sandra R., & Rosen, Raymond C. | 2006\*\* |
| 1. Progressive Relaxation Training: A Manual for the Helping Professions | Bernstein, Douglas A., & Borkovec, Thomas D. | 1973 |
| 1. Promoting Seniors' Well-Being: The Seniors' Mental Health Policy Lens Toolkit | MacCourt, Penny | 2009 |
| 1. Psychological Injuries: Forensic Assessment, Treatment, and Law | Tonia L. Nicholls and William Koch | 2005 |
| 1. Psychological Report Writing | Norman Tallent | 1993 (4th Ed.) |
| 1. Psychotherapy with High-Risk Client: Legal and Professional Standards | Bednar & Bednar & Lambert & Waite | 1991 |
| 1. Putting on the Brakes: Young People’s Guide to Understanding Attention Deficit Hyperactivity Disorder (ADHD) | Quinn, P, and Stern, J.M. | 1991 |
| 1. Riding The Wave – Workbook | Donna B. Pincus, Jill T. Hrenreich, David A. Spiegel |  |
| 1. Resource Guide to Accompany Assessment of Children: Cognitive Foundations | Sattler, Jerome | 2008 (5th Ed.) |
| 1. SCID-101 for DSM-IV: Didactic Training Series (video tapes 1 - 8) |  |  |
| 1. Senior Mental Health (DVD) |  |  |
| 1. Separation Anxiety in Children and Adolescents | Andrew R. Eisen, Charles E. Schaefer | 2005 |
| 1. Series I Systems |  |  |
| 1. Sexual Orientation Issues in Healthcare: A Changeways Resource Guide | Paterson, Randy J., & Bishop, Carole | 2000 |
| 1. Simply Effective Group Cognitive Behaviour Therapy: A Practioner’s Guide | Michael J. Scott | 2011 |
| 1. Shy Bladder Syndrome: Your Step-By-Step Guide to Overcoming Paruresis | Soifer, Steven, Zgourides, George, D., Himle, Joseph, & Pickering, Nancy L. | 2001 |
| 1. Shyness & Social Anxiety Workbook: Proven, Step-By-Step Techniques for Overcoming your Fear | Antony, Martin M., & Swinson, Richard P. | 2008 |
| 1. Specialized Cognitive Behavior Therapy for Obsessive Compulsive Disorder | Sookman, Debbie | 2016 |
| 1. Specific Phobia: Treatment Session (VHS) | Öst, Lars-Goran | 2003 |
| 1. Study Guide to DSM-5 | Roberts, & Louie |  |
| 1. Suicide & Self-Harm: Helping People at Risk - DVD | Linda Gask |  |
| 1. Taming Worry Dragons: A Manual for Children, Parents and other Coaches | Garland, E. Jane, & Clark, Sandra L. | 2000 |
| 1. Tattered Teddies: An Interactive Handbook About the Awareness & Prevention of Suicide in Children | Bridges, Laurel & Murji, Rani | 2008 |
| 1. The Anger Management Sourcebook | Schiraldi, Glenn R. & Kerr, Melissa Hallmark | 2002 |
| 1. The Chronic Pain Control Workbook | Ellen Mohr Catalano | 1987 |
| 1. The Divorce Book | Matthew McKay, Peter D. Rogers, Joan Blades, and Richard Gosse | 1984 |
| 1. Testing Automatic Thoughts with Thought Records (DVD) | Padesky, Christine A. | 1996 |
| 1. The Great Psychotherapy Debate | Wampold & Imel | 2015 |
| 1. The Internship, Practicum, and Field Placement Handbook | Brian N. Baird | 2011 (6th Edition) |
| 1. The Mindful Way Workbook (book and CD) | John Teasdale, Mark Williams and Zindel Segal | 2014 |
| 1. The “Putting on the Brakes” activity Book for Young People with ADHD | Quinn, P.O., and Stern, J.M. | 1993 |
| 1. The Therapeutic Relationship in Cognitive-Behavioural Therapy – A Clinician’s Guide | Nikolaos Kazantzis, Frank M. Dattilio, Keith S. Dobson | 2017 |
| 1. Three Approaches to Psychotherapy with a Female Client (DVD) | Judith Beck, Leslie Greenberg and Nancy McWilliams | 2012 |
| 1. Three Approaches to Psychotherapy with a Male Client (DVD) | Judith Beck, Leslie Greenberg and Nancy McWilliams | 2012 |
| 1. Treating Attention Deficit Hyperactivity Disorder | Evans, S.W., and Hoza, B. | 2011 |
| 1. Treating Depressed Youth: Therapist Manual for ‘Action’ | Stark, Simpson, Schnoebelen, Hargrave, Molnac & Glen | 2007 |
| 1. Treating Health Anxiety: A Cognitive-Behavioral Approach | Taylor, Steven & Asmundson, Gordon J. G. | 2004 |
| 1. Treating Traumatic Bereavement: A Practitioner's Guide | Catherine A. Feuer, Christine H. Farber, Camille B. Wortman, Therese A Rando, Laurie Anne Pearlman | 2014 |
| 1. Treating Trichotillomania: Cognitive Behavioral Therapy for Hairpulling and Related Problems | Marin E. Franklin & David F. Tolin | 2007 |
| 1. Treatment of Anxiety Disorders: Clinician Guides and Patient Manuals | Andrews, Gavin, Creamer, Mark, Crino, Rocco, Hunt, Caroline, Lampe, Lisa, & Page, Andrew | 2003\*\* |
| 1. Treatment for Hoarding Disorder: Workbook | Jordana Muroff | 2014 |
| 1. Treatment of Individuals with Anger-Control Problems and Aggressive Behaviours: A Clinical Handbook | Donald Meinchenbaum | 2001 |
| 1. Treatment Planning in Psychotherapy: Taking the Guesswork Out of Clinical Care | Woody, Sheila, Detweiler-Bedell, Jerusha, Teachman, Bethany A., & O'Hearn, Todd | 2003 |
| 1. Treating Psychosis: A Clinician’s Guide to Integrating Acceptance & Cmmitment Therapy, Compassion-Focused Therapy & Mindfulness Approaches within the CBT Tradition | Wright, N. P., Turkington. D., Kelly, O. P., Davies D., Jacobs A. M., Hopyon J. | 2014 |
| 1. Twelve Step Facilitation Therapy Manual | US Dept of Health and Human Services |  |
| 1. 25 Essential Skills and Strategies for the Professional Behavior Analyst | Bailye, J, and Burch, M. | 2010 |
| 1. Understanding &Treating Panic Disorder: Cognitive-Behavioural Approaches | Taylor, Steven | 2000 |
| 1. Visions: BC's Mental Health & Addictions Journal: Suicide |  |  |
| 1. When Perfect Isn't Good Enough | Antony, Martin M. & Swinson, Richard P. | 1998 |
| 1. You Just Don't Understand: Women & Men in Conversation | Deborah Tannen | 2001 |
| 1. Your Defiant Child (2 copies) | Barkley, Russell A. & Benton, Christine M. | 1998 |
| 1. Feeling Good: The New Mood Therapy | David D. Burns | 1980 |
| 1. Feel The Fear And Do It Anyway | Susan Jeffers | 1987 |
| 1. The Assertive Woman | Stanlee Phelps and Nancy Austin | 1975 |
| 1. When I Say No, I Feel Guilty: How to Cope – Using the Skils of Systematic Assertive Therapy | Manuel J. Smith | 1975 |
| 1. Shyness: What is it and What to do about it | Philip G. Zimbardo | 1977 |
| 1. Self-Esteem: A Proven Program of Cognitive Techniques for Assessing, Improving, and Mantaining Your Self-Esteem | Matthew McKay & Patrick Fanning | 1987 |
| 1. The Anger Workbook | Les Carter & Frank Minirth | 1993 |
| 1. The Relaxation & Stress Reduction Workbook 2nd ed | Martha Davis, Elizabeth Robbins Eshelman, Matthew McKay | 1982 |
| 1. Self-Care Depression Program: Antidepressant Skills Workbook 2nd Ed | Dr. Dan Bilsker & Dr. Randy Paterson |  |