**Clinic Library Holdings (as of June 2022)**

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| **Title** | **Author/Editor** | **Year or Edition** |
| 1. A Guide to Assessments that Work
 | Hunsley, J., and Mash, E.J. | 2008 |
| 1. A Legal Handbook for the Helping Professional 3rd Edition
 | David Turner & Max R. Uhleman | 2006 |
| 1. Acceptance and Commitment Therapy Treatment Session (DVD)
 | Hayes, Steven C. | 2001 |
| 1. Action Workbook: CBT for Treating Depressed Girls
 | Stark, Simpson, Schnoebelen, Hargrave, Molnar & Glen | 2007 |
| 1. ADHD – What Can We Do? (DVD & Program Manual)
 | Barkley, Russell A. | 1992 |
| 1. ADHA – What Everyone Needs to Know
 | Hinshaw, S.P., and Ellison, K. | 2016 |
| 1. Advances in the Treatment of Posttraumatic Stress Disorder: Cognitive-Behavioral Perspectives
 | Taylor, Steven | 2004 |
| 1. Assertiveness Workbook, The
 | Paterson, Randy J. | 2000 |
| 1. Assessement of Childhood Disorder, 4th Ed.
 | Mash, E.J. and Barkley, R.A. | 2007 |
| 1. Assessment of Children; Behavioral, social, and clinical foundations
 | Sattler, J,M. and Hoge, R.D | 2006 (5th Ed.) |
| 1. Assessment of Children: Cognitive Foundations
 | Sattler, Jerome | 2008 (5th Ed.) |
| 1. Assessment of Children: WISC-IV and WPPSI-III Supplement
 | Sattler, Jerome and Dumont, Ron | 2004 |
| 1. APPIC Directory 2001-2002: Internship and Postdoctoral Programs in Professional Psychology.
 | Association of Psychology Postdoctoral and Internship Centers | 2001 |
| 1. BC Handbook for Action on Child Abuse and Neglect for Service Providers (2 copies)
 | Ministry of AG, Min for Children & Families, Min of Education, Skills &Training, Min of Health, Min of Women's Equality | 1998 |
| 1. Body Image Workbook, The
 | Cash, Thomas F. | (2nd Ed.) |
| 1. Brief Dynamic Therapy Over Time (DVD). Psychotherapy in Six Sessions Series VIII
 | Levenson, Hanna | 2010 |
| 1. Buried in Treasures
 | David F. Tolin, Randy O. Frost, Gail Steketee | 2014 (2nd Ed.) |
| 1. Canadian Psychotropic Handbook (2 copies)
 | Joffe, Russell & Gardner, David | 2000 |
| 1. CBT for Eating Disorders Treatment Session (VHS)
 | Fairburn, Christopher | 2003 |
| 1. CBT for Hoarding disorder: A Group Therapy Program Workbook
 | Tolin, David F., Wordern, Blaise L., Wootton, Bethany M., Gilliam, Christina M. | 2017 |
| 1. CBT for Hoarding disorder: A Group Therapy Program Therapist’s Guide
 | Tolin, David F., Wordern, Blaise L., Wootton, Bethany M., Gilliam, Christina M. | 2017 |
| 1. Child and Adolescent Psychopathology
 | Theodore P. Beauchaine, Stephen P. Hinshaw | 2008 |
| 1. Clients Struggling with Perfectionism (DVD)
 | Paul Hewitt |  |
| 1. Clinical and Forensic Interviewing of Children and Families
 | Sattler, Jerome | 1998 |
| 1. Clinical Assessment of Child and Adolescent Personality and Behavior, 2nd Ed.
 | Kamphaus, R.W., and Frick, P.J.  | 2005 |
| 1. Clinical Cases – DSM5
 | Barnhill | 2015 |
| 1. Clinical Decision Making in Behaviour Therapy: A Problem Solving Perspective
 | Nezu, Arthur M. & Nezu, Christine M. | 1989 |
| 1. Clinical Handbook of Psychological Disorders
 | Barlow, David | 2001(3rd Ed.) |
| 1. Clinical Pain Management
 | Lynch, ME, Craig, KD & Peng, P.W.H. | 2011 |
| 1. Clinician’s Guide to Evidence-Based Practices: Mental Health and the Addictions
 | John C Norcross, Thomas P. Hogan, Gerald P. Koocher | 2008 |
| 1. Cognitive-Behavioral Coping Skills Therapy Manual: A Clinical Research Guide for Therapists Treating Individuals with Alcohol Abuse and Dependence
 | US Dept of Health and Human Services | 2004 |
| 1. Cognitive Behavioral Group Therapy: Challenges and Opportunities
 | Sochting  | 2014 |
| 1. Cognitive-Behavioural Therapy for Anxious Children: Therapist Manual and Workbook (Coping Cat)
 | Kendall, Philip C., & Hedtke, Kristina A. | 2006(3rd Ed.) |
| 1. Cogntive-Behavioral Treatment for Generalized Anxiety Disorder (2)
 | Michel J. Dugas & Melisa Robichaud | 2007 |
| 1. Cognitive-Behavioral Treatment of Perfectionism
 | Egan, Wade, Shafran & Antony | 2014 |
| 1. Cogntive Behavior Therapy- Basics and Beyond
 | Judith S. Beck | 2nd edition |
| 1. Cognitive Therapy for OCD
 | Wilhelm & Steketee  | 2006 |
| 1. Cognitive Therapy (DVD). Systems of Psychotherapy Series I
 | Beck, Judith S. | 2006 |
| 1. Cognitive Therapy Techniques, A Practitioner's Guide
 | Leahy, Robert | 2003\*\* |
| 1. Collaborative Case Conceptualization (DVD)
 | Padesky, Christine A. | 1997 |
| 1. Community Youth Development: Programs, Policies, and Practices
 | Villarruel, Francisco A., Perkins, Daniel F., Borden, Lynne M., & Keith, Joanne G. | 2003 |
| 1. Compulsive Hoarding and Acquiring: Therapist Guide
 | Gail Steketee & Randy O. Frost | 2007 |
| 1. Compulsive Hoarding and Acquiring: Workbook
 | Gail Steketee & Randy O. Frost | 2007  |
| 1. Constructing New Core Beliefs (DVD)
 | Padesky, Christine A. | 2003 |
| 1. Constructing New Underlying Assumptions & Behavioural Experiments (DVD)
 | Padesky, Christine A. | 2004 |
| 1. Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy
 | Schnarch, David M. | 1991 |
| 1. Coping Power (8)
 | John e. Lochman, Karen C. Wells, Lisa A. Lenhart | 2008 |
| 1. Coping Power Facilitator Guide
 | John e. Lochman, Karen C. Wells, Lisa A. Lenhart | 2008 |
| 1. Core Competencies for Psychiatric Education: Defining, Teaching, and Assessing Resident Competence
 | Andrews, Linda Boerger & Burrus, John William | 2004 |
| 1. Counseling Latinos and La Familia: A Practical Guide
 | Santiago-Rivera, Azara L., Arredondo, Patricia, & Gallardo-Cooper, Maritza | 2001 |
| 1. Counseling Persons of African Descent, Raising the Bar of Practitioner Competence
 | Parham, Thomas A. | 2002 |
| 1. Defiant Children: A Clinician’s Manual for Assess & Parent Training
 | Barkley, Russell A. | 1997 |
| 1. Diagnostic and Statistical Manual of Mental Disorders, 3rd Edition, Text Revision
 | American Psychiatric Association | 1987 |
| 1. Diagnostic and Statistical Manual of Mental Disorders, 5th Edition
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| 1. Digging Out: Helping Your Loved One Manage Clutter, Hoarding and Compulsive Aquiring
 | Michael A. Tompkins. Tamara L. Hartl | 2009 |
| 1. Directory of Addiction Services in British Columbia
 | Province of British Columbia Ministry of Children and Families | 2001 |
| 1. Doing Dialectical Behavior Therapy
 | Koerner, Kelly | 2012 |
| 1. "Doing Psychotherapy" Session 2 (VHS)
 | Persons, Jacqueline B. | 2005 |
| 1. Drinker Inventory of Consequences (DrInC), The
 | US Dept of Health and Human Services |  |
| 1. Early Psychosis, A Care Guide
 | Ehmann, Tom & Hanson, Laura | 2002 |
| 1. Early Psychosis, A Care Guide, A Summary
 | Ehmann, Tom & Hanson, Laura | 2002 |
| 1. Elimination Disorders in Children and Adolescents
 | Christophersen, Edward R. & Friman, Patrick C. | 2010 |
| 1. Emotion-Focused Therapy for Depression (APA Videotape - Part 2)
 | Carlson, Jon & Greenberg, Leslie S. | 2004 |
| 1. Emotionally Focus Therapy for Couples
 | Leslie S. Greenberg $ Susan M. Johnson | 1988 |
| 1. Entrepreneur in Psychology: The Collected Papers of Nicholas A. Cummings
 | Thomas, J. Lawrence, Cummings, Janet I., & O'Donahue, William T. | 2002 |
| 1. Ethics for the Daily Practice of Counseling & Psychotherapy - VHS
 | Spencer, Bruce |  |
| 1. Ethics With Soul: Practicing Competence and Care Rather than with Fear & Trepidation - DVD
 | Sur, Ofer | 2001 |
| 1. Evidence-Based Practice of Cognitive Behavioural therapy
 | Deborah Dobson and Keith S. Dobson | 2017 |
| 1. Exercises in the Art of Helping
 | Mark E. Young & Samantha Chromy | 2005 (3rd Edition) |
| 1. Experiencing CBT from the Inside Out
 | Bennett-Levy, Thwaites, Haarhoff, & Peerry | 2015 |
| 1. Families: Applications of Social Learning to Family Life
 | Gerarld R. Patterson  | 1971 |
| 1. Family Based Therapy for Young Children with OCD (2 copies)
 | Jennifer Freeman, & Abbe Garcia | 2008 |
| 1. Family Problems and Family Violence
 | Foran, H. et al. | 2013 |
| 1. Forty Studies that Changed Psychology
 | Roger R. Hock | 2013 |
| 1. From Grave to Cradle to Now
 | Ian Powell, Drew Powell, & John McCallum | 2012 |
| 1. Fundamentals of Clinical Supervision
 | Janine M. Bernard & Rodney K. Goodyear | 1992 |
| 1. Get Out of Your Mind & Into Your Life
 | Steven C. Hayes & Spencer Smith | 2005 |
| 1. Group Cognitive-behavioral Therapy of Anxiety
 | Norton, Peter | 2012 |
| 1. Group Treatment for Hoarding Disorder: Therapist Guide (2 copies)
 | Jordoan Muroff, Patty Underwood, Gail Steketee | 2014 |
| 1. Guided Discovery Using Socratic Dialogue - CD
 | Padesky, Christine A. | 1996 |
| 1. Guide to Custody and Access Assessments
 | Dr. Arthur Leonoff, Robert J. Montague | 1996 |
| 1. Guide to Treatments that Work
 | Nathan, Peter E. & Gorman, Jack M. | 2007(3rd Ed.) |
| 1. Handbook of Clinical Psychopharmacology
 | Preston, John D., O'Neal, John H., & Talaga, Mary C. | 2008(5th Ed.) |
| 1. Handbook of Structured Techniques in Marriage & Family Therapy
 | Robert Sherman & Norman Fredman | 1986 |
| 1. The Hare PCL-R
 | Hare, R. D., Harpur, T. J., Hakstian, A. R., Forth, A. E., Hart, S. D., & Newman, J. P. | 1990 |
| 1. Health Anxiety: Clinical and Research Perspectives on Hypochondriasis and Related Conditions
 | Asmundson, Gordon J. G., Taylor, Steven, & Cox, Brian J. | 2001 |
| 1. Helping Children with Aggression and Conduct Problems: Best Practices for Intervention
 | Bloomquist, Michael L. & Schnell, Steven V. | 2002 |
| 1. Helping Children Overcome Selective Mutism: Companion Manual of Forms and Resources - CD
 | McHolm, Angela E. | 2005 |
| 1. Helping Schoolchildren Cope with Anger: A Cognitive-Behavioural Intervention
 | Larson, Jim & Lochman, John E. | 2002 |
| 1. Helping the Noncompliant Child
 | McMahon, Robert & Forehand, Rex | 2005(2nd Ed.) |
| 1. Helping Your Child with Selective Mutism: Practical Steps to Overcome a Fear of Speaking
 | McHolm, Angela E., Cunningham, Charles E., & Vanier, Melanie K. | 2005 |
| 1. Homework Success for Children with ADHD: A Family School Intervention Program
 | Power, Thomas J., Karustis, James L., & Habboushe, Dina F. | 2001 |
| 1. Incredible Years, The
 | Webster-Stratton, Carolyn |  |
| 1. Internships in Psychology
 | Carol Williams-Nickelson, Prinstein and Keilin | 2012 |
| 1. Interpersonal Process in Therapy: An Interactive Model
 | Teyber, Edward & McClure, Faith | 2017(7th Ed.) |
| 1. Interpersonal Psychotherapy: a clinician’s guide
 | Scott Stuart and Michael Robertson | 2012 |
| 1. Introduction to Cognitive Behaviour Therapy: Skills and Applications
 | Westbrook, David, Kennerley, Helen, & Kirk, Joan | 2007 |
| 1. It's Not All in Your Head: How Worrying About Your Health Could Be Making You Sick - and What You Can Do About It
 | Asmundson, Gordon J. G. & Taylor, Steven | 2005 |
| 1. Late Life Suicide Prevention Toolkit (Package with DVD)
 | Canadian Coalition for Senior’s Mental Health | 2009 |
| 1. Learning Cognitive-Behavior Therapy (An Illustrated Guide)
 | Wright, Jesse H., Basco, Monica R., & Thase, Michael E. | 2005\*\* |
| 1. Learning the Art of Helping; Building Blocks and Techniques
 | Mark E. Young | 2005 (3rd Ed.) |
| 1. Legal & Ethical Issues for Mental Health Professionals, Vol. I: Confidentiality, Privilege, Reporting, and Duty to Warn (Group Version) - DVD
 | Feldman, Stephen | 2008 |
| 1. Legal & Ethical Issues for Mental Health Professionals, Vol. ii: Dual Relationships, Boundaries, Standards of Care and Termination (Group Version) - DVD
 | Feldman, Stephen | 2008 |
| 1. Living with Children: New Methods for Parents and Teachers
 | Gerarld R. Patterson | 1976 |
| 1. Making Cognitive-Behavioral Therapy Work
 | Ledley, Deborah Roth, Marx, Brian P., & Heimberg, Richard G. | 2005 |
| 1. Managing the Defiant Child: A Guide to Parent Training (DVD) with Program Manual
 | Barkley, Russell A. | 1997 |
| 1. Managing Tourette Syndrome - A Behavioral Intervention for Children and Adults (Therapist Guide)
 | Woods, Douglas W., Piacentini, John, & Chang, Susanna | 2008 |
| 1. Mastering Your Fears and Phobias: Therapist Guide
 | Craske, Michelle G., Antony, Martin M., & Barlow, David H. | 2nd Ed. |
| 1. Mastery of Anxiety and Panic for Adolescents – Riding the Wave
 | Donna B. Pincus, Jill T. Ehrenreich, Sara G. Mattis |  |
| 1. Mastery of Your Anxiety and Panic, Client Worjkbook (3 copies)
 | Barlow, David H. & Craske, Michelle G. | 4th Ed. |
| 1. Mastery of Your Anxiety and Panic, Therapist Manual (3 copies)
 | Barlow, David H. & Craske, Michelle G. | 4th Ed. |
| 1. Mastery of Your Anxiety and Worry
 | Barlow, David H., Craske, Michelle G. & Zinbarg, Richard E. | 2nd Ed. |
| 1. Mastery of Your Specific Phobia - Client Workbook
 | Antony, Martin M., Craske, Michelle G., & Barlow, David H. | 2004 |
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 | Craske, Michelle G., Antony, Martin M., & Barlow, David H. | 1997 |
| 1. Match Made on Earth: Student Guide to Navigating the Psychology Internship Process **(Kept in Clinic TA Office)**
 | Badall, Melanie | 2003 |
| 1. Megargee’s Guide to Obtaining a Psychology Internship
 | Megargee, Edwin I. | 4th Ed. |
| 1. Mindfulness-Based Cognitive Therapy for Depression
 | Zindel V. Segal, Mark Williams, and John Teasdale | 2nd edition |
| 1. Mind Over Mood (3)
 | Greenberger, Dennis & Padesky, Christine | 1995 & 2015 |
| 1. Mind Over Mood - Clinician's Guide
 | Greenberger, Dennis & Padesky, Christine | 1995 |
| 1. Mindfulness-Based Cognitive Therapy for Depression: A New Approach to Preventing Relapse (2 copies) – (1 copy missing)
 | Segal, Zindel V., Williams, J. Mark G., & Teasdale, John D. | 2002 |
| 1. Mixed Anxiety and Depression: A Cognitive-Behavioral Approach (Group Version) - DVD
 | Meichenbaum, Donald | 2006 |
| 1. (The) MMPI, MMPI-2, and MMPI-A in Court 3rd Ed: A Practical Guide for Expert Witnesses and Attorneys
 | Kenneth S. Pope, James N. Butcher, and Joyce Seelen | 2006 |
| 1. Motivational Enhancement Therapy Manual
 | US Dept of Health and Human Services |  |
| 1. Motivational Interviewing: Preparing People for Change
 | Miller, William R. & Rollnick, Stephen | 2nd Ed. |
| 1. Motivational Interviewing: Professional Training DVD
 | Miller, William R., Rollnick, Stephen, & Moyers,Theresa | 1998 |
| 1. Motivational Interviewing: Professional Training Videotape Series
 | Miller, William R., Rollnick, Stephen, & Moyers,Theresa | 1998 |
| 1. Motivational Interviewing – Individual Version DVD
 | Miller, William R. | 2000 |
| 1. OCD in Children and Adolescents: A Cognitive-Behavioural Treatment Manual
 | March, John S. & Mulle, Karen | 1998 |
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 | Gallagher, R., Abikoff, H., & Spiral, E. | 2014 |
| 1. Overcoming Animal Insect Phobias: How to Conquer Fear of Dogs, Snakes, Rodents, Bees, Spiders & More
 | Antony, Martin M. & McCabe, Randi E. | 2005 |
| 1. Overcoming Depression, Client Manual
 | Emery, Gary | 2000\*\* |
| 1. Overcoming Depression, Therapist Protocol
 | Emery, Gary | 2000\*\* |
| 1. Overcoming Grief 2nd Edition: A Self-Help Guide Using Cognitive Behavioural Techniques
 | Sue Morris | 2nd Edition |
| 1. Overcoming Obsessive compulsive disorder – A self-help guide using Cognitive Behavioral Techniques
 | Veale, David, Willson, Rob | 2005 |
| 1. Overcoming Obsessive Compulsive Disorder - Client Manual
 | Stekette, Gail | 1999\*\* |
| 1. Overcoming Parent-Child Contact Problems
 | Abigail M. Judge, Robin M. Deutsch | 2017 |
| 1. Overcoming Your Alcohol or Drug Problem Workbook
 | Dennis C. Daley & G. Alan Marlatt | 2006 |
| 1. Oxford Guide to Behavioural Experiments in Cognitive Therapy
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 | Amori Yee Mikami & Sebastien Normand | 2022 |
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 | Craske |  |
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 | Anxiety BC |  |
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 | Bodiford McNeil, Cheryl |  |
| 1. Parent Guide to Enuresis Treatment
 | Houts, Arthur C. | 5th Ed. |
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 | Forehand, R., and Long, N | 2002 |
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 | Thomas H. Ollendick, John S. March | 2004 |
| 1. Pragmatics of Human Communication: A Study of Interactional Patterns, Pathologies, and Paradoxes
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| 1. Principles and Pratice of Sex Therapy
 | Leiblum, Sandra R., & Rosen, Raymond C. | 2006\*\* |
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 | MacCourt, Penny | 2009 |
| 1. Psychological Injuries: Forensic Assessment, Treatment, and Law
 | Tonia L. Nicholls and William Koch | 2005 |
| 1. Psychological Report Writing
 | Norman Tallent | 1993 (4th Ed.) |
| 1. Psychotherapy with High-Risk Client: Legal and Professional Standards
 | Bednar & Bednar & Lambert & Waite | 1991 |
| 1. Putting on the Brakes: Young People’s Guide to Understanding Attention Deficit Hyperactivity Disorder (ADHD)
 | Quinn, P, and Stern, J.M. | 1991 |
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 | Donna B. Pincus, Jill T. Hrenreich, David A. Spiegel |  |
| 1. Resource Guide to Accompany Assessment of Children: Cognitive Foundations
 | Sattler, Jerome | 2008 (5th Ed.) |
| 1. SCID-101 for DSM-IV: Didactic Training Series (video tapes 1 - 8)
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| 1. Senior Mental Health (DVD)
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| 1. Separation Anxiety in Children and Adolescents
 | Andrew R. Eisen, Charles E. Schaefer | 2005 |
| 1. Series I Systems
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| 1. Sexual Orientation Issues in Healthcare: A Changeways Resource Guide
 | Paterson, Randy J., & Bishop, Carole | 2000 |
| 1. Simply Effective Group Cognitive Behaviour Therapy: A Practioner’s Guide
 | Michael J. Scott | 2011 |
| 1. Shy Bladder Syndrome: Your Step-By-Step Guide to Overcoming Paruresis
 | Soifer, Steven, Zgourides, George, D., Himle, Joseph, & Pickering, Nancy L. | 2001 |
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 | Antony, Martin M., & Swinson, Richard P. | 2008 |
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 | Sookman, Debbie | 2016 |
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 | Öst, Lars-Goran | 2003 |
| 1. Study Guide to DSM-5
 | Roberts, & Louie |  |
| 1. Suicide & Self-Harm: Helping People at Risk - DVD
 | Linda Gask |  |
| 1. Taming Worry Dragons: A Manual for Children, Parents and other Coaches
 | Garland, E. Jane, & Clark, Sandra L. | 2000 |
| 1. Tattered Teddies: An Interactive Handbook About the Awareness & Prevention of Suicide in Children
 | Bridges, Laurel & Murji, Rani | 2008 |
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 | Schiraldi, Glenn R. & Kerr, Melissa Hallmark | 2002 |
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 | Ellen Mohr Catalano  | 1987 |
| 1. The Divorce Book
 | Matthew McKay, Peter D. Rogers, Joan Blades, and Richard Gosse | 1984 |
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 | Padesky, Christine A. | 1996 |
| 1. The Great Psychotherapy Debate
 | Wampold & Imel  | 2015 |
| 1. The Internship, Practicum, and Field Placement Handbook
 | Brian N. Baird | 2011 (6th Edition) |
| 1. The Mindful Way Workbook (book and CD)
 | John Teasdale, Mark Williams and Zindel Segal | 2014 |
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 | Quinn, P.O., and Stern, J.M. | 1993 |
| 1. The Therapeutic Relationship in Cognitive-Behavioural Therapy – A Clinician’s Guide
 | Nikolaos Kazantzis, Frank M. Dattilio, Keith S. Dobson | 2017 |
| 1. Three Approaches to Psychotherapy with a Female Client (DVD)
 | Judith Beck, Leslie Greenberg and Nancy McWilliams | 2012 |
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 | Judith Beck, Leslie Greenberg and Nancy McWilliams | 2012 |
| 1. Treating Attention Deficit Hyperactivity Disorder
 | Evans, S.W., and Hoza, B. | 2011 |
| 1. Treating Depressed Youth: Therapist Manual for ‘Action’
 | Stark, Simpson, Schnoebelen, Hargrave, Molnac & Glen | 2007 |
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 | Taylor, Steven & Asmundson, Gordon J. G. | 2004 |
| 1. Treating Traumatic Bereavement: A Practitioner's Guide
 | Catherine A. Feuer, Christine H. Farber, Camille B. Wortman, Therese A Rando, Laurie Anne Pearlman | 2014 |
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 | Marin E. Franklin & David F. Tolin | 2007 |
| 1. Treatment of Anxiety Disorders: Clinician Guides and Patient Manuals
 | Andrews, Gavin, Creamer, Mark, Crino, Rocco, Hunt, Caroline, Lampe, Lisa, & Page, Andrew | 2003\*\* |
| 1. Treatment for Hoarding Disorder: Workbook
 | Jordana Muroff | 2014 |
| 1. Treatment of Individuals with Anger-Control Problems and Aggressive Behaviours: A Clinical Handbook
 | Donald Meinchenbaum | 2001 |
| 1. Treatment Planning in Psychotherapy: Taking the Guesswork Out of Clinical Care
 | Woody, Sheila, Detweiler-Bedell, Jerusha, Teachman, Bethany A., & O'Hearn, Todd | 2003 |
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 | Wright, N. P., Turkington. D., Kelly, O. P., Davies D., Jacobs A. M., Hopyon J.  | 2014 |
| 1. Twelve Step Facilitation Therapy Manual
 | US Dept of Health and Human Services |  |
| 1. 25 Essential Skills and Strategies for the Professional Behavior Analyst
 | Bailye, J, and Burch, M. | 2010 |
| 1. Understanding &Treating Panic Disorder: Cognitive-Behavioural Approaches
 | Taylor, Steven | 2000 |
| 1. Visions: BC's Mental Health & Addictions Journal: Suicide
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| 1. When Perfect Isn't Good Enough
 | Antony, Martin M. & Swinson, Richard P. | 1998 |
| 1. You Just Don't Understand: Women & Men in Conversation
 | Deborah Tannen | 2001 |
| 1. Your Defiant Child (2 copies)
 | Barkley, Russell A. & Benton, Christine M. | 1998 |
| 1. Feeling Good: The New Mood Therapy
 | David D. Burns | 1980 |
| 1. Feel The Fear And Do It Anyway
 | Susan Jeffers | 1987 |
| 1. The Assertive Woman
 | Stanlee Phelps and Nancy Austin | 1975 |
| 1. When I Say No, I Feel Guilty: How to Cope – Using the Skils of Systematic Assertive Therapy
 | Manuel J. Smith | 1975 |
| 1. Shyness: What is it and What to do about it
 | Philip G. Zimbardo | 1977 |
| 1. Self-Esteem: A Proven Program of Cognitive Techniques for Assessing, Improving, and Mantaining Your Self-Esteem
 | Matthew McKay & Patrick Fanning | 1987 |
| 1. The Anger Workbook
 | Les Carter & Frank Minirth | 1993 |
| 1. The Relaxation & Stress Reduction Workbook 2nd ed
 | Martha Davis, Elizabeth Robbins Eshelman, Matthew McKay | 1982 |
| 1. Self-Care Depression Program: Antidepressant Skills Workbook 2nd Ed
 | Dr. Dan Bilsker & Dr. Randy Paterson |  |