

## Registration Form

Interpersonal Therapy (IPT) for Adults and Adolescents

### FEES

Professional	\$150
UBC Psychology Supervisors	FREE
Students/trainees	\$50
UBC Psychology Students	FREE

(Please Print)

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Degree: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone (Day): \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

### Please send cheque payable to:

University of British Columbia  
Psychology Clinic  
2136 West Mall  
Vancouver, B.C. V6T 1Z4

## Who should attend?

This workshop is primarily intended for mental health practitioners and trainees. This includes practitioners and students in psychology, psychiatry, counselling, and social work. Practitioners and trainees in other areas of health care, including physicians, occupational therapists, and nurses in general practice will also benefit from this workshop.

We are a Canadian Psychological Association (CPA) approved sponsor of Continuing Education activities. Attendees will receive 6.5 CPA Approved CE credits. A certificate will be available to confirm attendance for continuing education purposes.

## Registration

Space is limited, so early registration is strongly encouraged.

## Finding Your Way

To view a campus map and obtain more detailed driving directions visit:  
<http://www.maps.ubc.ca/?121-1>



The UBC Psychology Clinic announces a one-day workshop

## INTERPERSONAL THERAPY (IPT) FOR ADULTS AND ADOLESCENTS

with

**LORRAINE HATHAWAY, M.A., REGISTERED SOCIAL WORKER AND ASHLEY MILLER, MD, FRCP.**

**SATURDAY, OCTOBER 3, 2015  
8:30 A.M. – 4:30 P.M.**

University of British Columbia  
Buchanan A103,  
1866 Main Mall  
Vancouver, BC, V6T 1Z1

For further information, please contact the UBC Psychology Clinic  
604.822.3005  
or see

[www.practicumsupport.psych.ubc.ca/continuing-competency/events/clinicworkshops](http://www.practicumsupport.psych.ubc.ca/continuing-competency/events/clinicworkshops)

### Why Attend?

- Along with CBT, IPT as developed by Klerman and Weissman in the 1970s is a structured, shorter-term evidence-based therapy recommend as a first-line treatment for depression – and other disorders.
- IPT is especially well suited for patients whose depression include interpersonal themes such as conflicts, role transition, communication problems, or grief.
- Few mental health students and professionals have had opportunities to become familiar with IPT as distinct from psychodynamic or process oriented therapy
- This workshop aims to provide mental health trainees and professionals with an overview of IPT and introduction to specific techniques, as well as information about how to achieve further IPT competencies/certification

### Training Objectives

- Receive an overview of the development and initial research trials
- Become familiar with the four key domains of IPT
- Learn how to develop an IPT case formulation
- Learn how to apply various IPT interventions
- Observe and practice IPT techniques for treating depression

The workshop will consist of a mix of reviews of important research literature, case vignettes, video clips of simulated patients, and exercises with demonstrations and explanations.

Audience participation will be strongly encouraged. Participants will have the opportunity to share their clinical experiences including case discussions.

Additional references & resources will be made available.

### About Lorraine Hathaway, MSW and Ashley Miller, MD, FRCP

Lorraine Hathaway is a registered Social Worker and Clinical Associate Professor in Psychiatry at UBC. She trained in Interpersonal Psychotherapy with Dr. Laura Mufson and Ms. Kathleen Clougherty through Columbia University. Lorraine co-leads the IPT training course for UBC Psychiatry and provides clinical supervision for 4th year psychiatry residents.

Ashley Miller is a Child and Adolescent Psychiatrist and Clinical Assistant Professor in the Department of Psychiatry at UBC. Dr. Miller supervises UBC Psychiatry Residents in Interpersonal Psychotherapy and co-leads the Psychiatry Residency IPT course.