

The UBC Psychology Clinic Presents a Workshop on: **Perfectionism**

When:

Saturday, June 4, 2016

9:00 AM - 4:30 PM



Where:

University of British
Columbia

Room 1012, Earth Sciences
Building (ESB)

2207 Main Mall
Vancouver, BC

PRESENTERS:



Dr. Paul Hewitt, R. Psych.



Dr. Samuel Mikail, C. Psych., ABPP

Why attend?

- This one-day workshop will provide an overview of perfectionism, a maladaptive personality construct that increases an individual's vulnerability to various forms of maladjustment including depression, anxiety, eating disorders, marital distress, and suicidal behaviour.
- A model of the treatment approach will be presented. The speakers will also elaborate on how to conduct this treatment in both individual and group settings.
- We are a Canadian Psychological Association (CPA) approved sponsor of Continuing Education activities. Attendees will receive **6.5 CPA Approved CE credits**. A certificate will be available to confirm attendance for continuing education purposes.
- Opportunity to network with other mental health professionals

Early Bird Workshop Fee (before April 1, 2016):

Professionals	\$175
Students/trainees	\$75

Workshop Fee (after April 1, 2016):

Professionals	\$225
Students/trainees	\$90

Advanced Registration Required: Please contact Armin (by email at clinic@psych.ubc.ca or by phone at (604-822-3005) for registration or any inquiries.

